

# Kellogg High School

THE PAPER--STAFF

*Education is the key to unlock the golden door of freedom*

**-George Washington Carver**

*A nickel ain't worth a dime anymore*

**- Yogi Berra**

## INSIDE THIS ISSUE:

Upward Bound 2

HINI Virus 2

Calendar 4

Paper Staff 4

Student poem 4

Library 4

## The PAPER

VOLUME 1, ISSUE 1

SEPTEMBER 2009

### Principal's Message

*On behalf of the faculty, staff, and administration I welcome our returning and new students and their families to Kellogg High School, the home of the Wildcats.*

*Our school is proud of its long tradition of academic and athletic excellence.*

*Kellogg High School has experienced significant success through the years. We are recognized for our achievements.*

*I am confident that, working together with all stakeholders in our communities, we will see our*



**Principal Brooks with ASB President Cody Lewis**

*students and school attain even greater success.*

*Our students compete at the highest levels in all sports and activities sponsored by the Idaho Athletic and Student Activities Association.*

*We have exceptionally strong programs in music, drama and Scholastic Team. Our students are also active members of the community and participate in ROTC, JR. Red Cross, FCCLA, BPA, numerous sports and community service opportunities.*

*Kellogg High School has an outstanding student body that works to promote unity, spirit, and solidarity among the four classes. Older students serve as role models and mentors for our younger students during their first critical*  
*(continued page 3)*

### GEAR UP

BY: Lance Claffin

Mrs. Carol Roberts is the GEAR UP site coordinator at KHS. It's a Federal program that KHS received three years ago, it stands for Gaining Early Awareness and Ready for Undergraduate Programs. It's for eighth, ninth, and tenth graders to get information for college and to help them be more successful later

on in life.

Her advice to the underclassmen is to plan ahead and there will be less stress.

Some of the GEAR UP activities planned for this year include doing a couple of community service projects. The first project involves using the 9th-10th grade advisory groups to make food

baskets for the economically disadvantaged for Thanksgiving. Ms. Roberts said also that she hopes to have the students complete another service project in the spring.

She says she enjoys working with freshmen and is one of the freshmen class advisors. Her daughter is in the tenth grade and she has been helping that

*(continued on page 4)*

**Silver Valley Upward Bound Experience 2009 was a summer to remember**

**“You can get them both (H1N1 and seasonal flu) at the same time.”**

**“It’s a very unique virus,”**

**Sharon Black  
KHS Nurse**

## Upward Bound by Jessica Williams

Silver Valley Upward Bound Experience 2009 was a summer to remember for Kellogg seniors Jacque Bourgeois, Samantha Burmeister, Jessica Frisbie; juniors Joshua Hedgecoke, and Jessica Williams, as well as Wallace junior Ashley Longley and sophomore Michael Davis.

They spent six weeks away from home to take classes at North Idaho College (NIC) and the Univer-

sity of Idaho.

At NIC, these seven students took multiple classes ranging from Build your Dream Home to World Views to Environmental Science. Build your Dream Home, taught by Jason Putz, was a “creative way to apply geometry and architecture”. Each student designed their dream home and figured out the cost.

World Views, instructed by Emily Smith, was a college level course that educated these

teens about different cultures and their problems in the world. They held debates and even had to switch to the opposite of their personal opinion.

Environmental science, directed by Gayle Bolen, made sure the students understand what they could do to save and protect the environment. They took many different field trips from water treatment plants to hiking Tubbs Hill where they learned about plant species. (cont on page 3)

## H1N1 Flu Virus By: Adrian Parker

H1N1 is a combination of the bird flu and swine flu. “It’s a very unique virus” stated Sharon Black, a contracted nurse with Kellogg district schools.

Symptoms of H1N1 are very similar to the seasonal flu, with sudden onset and a fever being red flags.

The symptoms to look for with H1N1 are: temperature 100 F or greater, cough, runny nose/watery eyes, body aches, headache, dizziness, nausea/vomiting.

She also said that a vaccine for H1N1 will be released this fall, and that candidates for vaccination will be ages 5-24, until there’s enough vaccine that older people can apply for it.

However, the seasonal flu vaccine will not pre-

vent H1N1, “They’re separate viruses” stated Mrs. Black. And that being the case, one could even become sick with both forms of influenza at once.

“You could get both of them at the same time” Mrs. Black said as she explained how that would stack the effects, making for a much more severe sickness.

What separates H1N1 from the seasonal flu is mostly those affected by it. H1N1 consistently proves to be more severe and more lethal to younger age groups, as only 1.3 out of every 100,000 people over the age 65 infected die from it, opposite the seasonal flu, which tends to hit older people harder.

Epidemiologists believe this is because most people over age 50 were exposed to a bird flu in the

1970s, which would give them some degree of immunity and resistance. CDC and Panhandle Health District can’t tell if the virus will mutate again, but if it does, another vaccine might be necessary, and severity could increase.



**Adrian Parker demonstrates how to wash your hands properly.**

## Principal's Message (cont)

for our younger students during their first critical year in high school.

The staff takes the time to build relationships with the students and encourages them to do their very best.

For our struggling students or for those who need more time on school work, Kellogg High has an After School Tutoring and Homework session four nights a week. Students who participate in ASTH have seen their grades and school work improve significantly.

The opportunities here at Kellogg High School for our students are fairly extensive and we urge all our

students to be involved in a school related activity during the year.

Our goal of education at KHS is to promote student development within their intellectual skills, actively participate in their own learning, and develop their social and ethical development. I welcome your input and appreciate your support as an active participant in Kellogg High Pride.

Shelley Brooks  
Kellogg High School Principal

## Upward Bound (continued from p. 2)

The goal of this summer to “expose students to hands on types of academics” says Silver Valley Upward Bound (SVUB) outreach coordinator, Warren Jones and to get them adjusted to campus life.

There were three resident mentors. Jeff Howard, Sabrena Cossairt, and Vance Agte. “They brought a certain amount of fun and craziness to our group. I mean, they were unique in a crazy and wacky way! Summer would not have been the same without them!”

One student replied, laughing at her own memories.

This last summer, these seven teens had served food at the Holy Trinity Episcopal Church Dinner Tables in Spokane, Washington. They served many hours and became part of the church family. “We weren’t just picking weeds, we were doing something significant!” Warren Jones said.

Last summer, Silver Valley joined up with Upward Bound Math Science where they picked weeds for Palouse Clearwater Environmental Institute.

Warren considered this a “social cosmic network,” and it was something none of these kids will ever forget.

So, the summer sky has set and the fall sun has risen on the horizon. A new summer has yet to come, and these students will rise to meet their bright futures.



STUDENTS WHO ENJOYED A SUMMER TO RE-MEMBER INCLUDED: (FRONT ROW, LEFT TO RIGHT) ASHLEY LONGLEY, JESSICA FRISBIE; JESSICA WILLIAMS, SAMANTHA BURMEISTER, JULIA WENZEL, JACQUE BOURGEOIS, ADAM DESCHAND, JOSHUA HEDGECKE, AND, (BACK ROW) WARREN JONES, MICHAEL DAVIS, MAR-CEE HARTZELL, AND ALI SCHMIER

“They brought a certain amount of craziness to our group. I mean, they were unique in a crazy, whacky way...”

## The Paper--staff

Jessica Williams, Editor  
 Wendi Criger  
 Lance Clafin  
 April DeShazer  
 Danielle Shipley  
 Brandy Quimby, Photographer  
 Adrian Parker  
 Kaylia Russell, Photographer  
 Richard A. Peterson, Teacher



The Paper staff (front row, left to right) Kaylia Russell, Brandi Quimby, Danielle Shipley, (back row) Wendi Criger, Lance Clafin, Adrian Parker, April DeShazer, and Jessica Williams.



## GEAR UP (continued from page 1)

class the longest and is more attached to them.

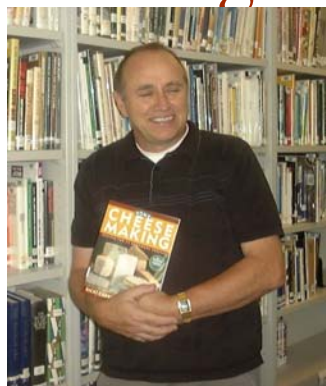
When asked how she became the GEAR UP coordinator, Ms. Roberts replied that when she was in high school and college she didn't know exactly what she wanted to be but knew she didn't want to be a teacher. She loves the fact that in the Silver Valley everyone has the small town vibe where you walk around town and everyone knows who you are. She is involved heavily in 6<sup>th</sup> Street melodrama located in Wallace she recommends the summer plays for Juniors and Seniors.

When asked if she would dress up on the different spirit days during homecoming week, she said she definitely would.



**Carol Roberts**  
**GEAR UP coordinator**

## Reading Ready By: Kaylia Russell



**Mr. Lewis with his favorite book, Cheese Making by Ricki Carroll**

"There here, let's check them out!" The library has 6,600 books in the entire library with more books donated this year from the community.

They have anything from Stephanie Myer to Shakespeare; there is something for everyone!

Out of 450 kids in Kellogg high school only 262

kids have an active book card. If you're interested in getting a book card, go to the library and talk with Mr. Lewis.

The library spends up to six thousand dollars a year on updating library books. Only 28% of students check out books on a regular basis. So let's start to read!

## Everything to Love about Someone like you...

I love the way you look at me  
 The way your hand brushes  
 My face

I love the way you make me  
 Smile  
 Even more when you make me  
 Laugh

I love the way you hold me  
 Even when I want to be  
 alone

Never wanting you to let go  
 When I look into your eyes

It's like I have finally found my  
 Bright and shining  
 Star!!

Written By:  
 ~\*Wendi Lynn Criger~\*

## UPCOMING EVENTS

### September 2009

- 22 ISAT begins...
- 25 Pep Assembly
- 28—2 Homecoming Week
  - M- Neon colors
  - Powder Puff Football
  - T- Toga
  - Volleyball 7-9
  - W- Stoplight
  - Bonfire 7-9
  - TH -Purple and Gold Parade, Activities
  - F- NO SCHOOL
  - Homecoming Football @ Teeters Field
  - Movie & Popcorn \$5
  - SA-Dance

### October 2009

- 2 NO SCHOOL
- 12 KHS Blood Drive